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4. Manuscripts should be ordered as follows: (1) title page (2) abstract including keywords (3) text (4) acknowledgements (5) references (6) tables (7) figure legends and (8) individual figures (each attached separately in .jpeg format). Number the pages of the manuscript consecutively, beginning with the title page as page one. Elements from part (1) authors and affiliations title and (2) abstract and keywords should be clipped and pasted separately in the appropriate spaces under Step 2 (Entering the Submission's Metadata) of the 5-step submission process. Following this, Parts (1) to (7) should be fully uploaded under Step 3 (Upload Submission) portion. However, each figure (8) should be uploaded separately as a supplementary file. The author statement forms should also be uploaded separately as supplementary files.

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The title page should include:

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6. List of meeting(s) where the material has been previously presented or is under consideration for presentation. Indicate name, place, date of meeting and any prizes or awards (if presented in a contest).

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A structured abstract should provide the context or background for the study and state the study's purposes, basic procedures (selection of study participants or laboratory animals, settings, measurements, observational and analytical methods), main findings (giving specific effect sizes and their statistical and clinical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations, note important limitations without overinterpreting findings, and reflect the content of the article. Generally it should have the following headings:

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2. Methods: Generally, the following are included:
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   b. Setting: Multicenter, Institution (Tertiary Private Hospital; Tertiary Government Hospital), Clinical Practice
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3. Results: Summary of principal outcome measures or data obtained, accompanied by data with confidence intervals and levels of statistical significance when applicable.

4. Conclusions: Concise and directly supported by data.

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Laymanized Abstract: Provide a brief laymanized write-up of your abstract for non-medical readers, that can be linked to your article on social media. A short title that can be tweeted should accompany this version of the abstract.
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4. **Submission Metadata matches** elements from part (1) title, authors and affiliations, and (2) abstract and keywords – in Step 2 (Entering the Submission's Metadata) of the 5-step online submission process. Following this, Parts (1) to (7) have been fully uploaded under Step 3 (Upload Submission) portion. Each figure (8) has been uploaded separately as a supplementary file. The author statement forms have also been uploaded separately as supplementary files.

5. **Instructions to Authors** detailed in this section have been fully complied with.